

Bronwyn Hill

> PROFESSIONAL SUMMARY

With a diverse background spanning more than two decades in Finance, Management, Business Development, People Leadership, and Business and Executive Coaching, Bronwyn is a versatile expert. She facilitates improved work experiences, aiding individuals in harmonizing work-life dynamics, cultivating wholesome routines, and extending her guidance to senior executives across both public and private sectors.

Possessing a robust grasp of business operations and commercial insight, coupled with formal credentials in psychology, people management and a track record of adeptly guiding teams and individuals, Bronwyn is excellently positioned to support leaders and teams in achieving their utmost capabilities. Bronwyn's expertise lies in executive coaching, leadership development, well-being, as well as fostering growth in both professional and personal domains.

Bronwyn holds a Bachelor of Business (Finance), Graduate Diploma Psychological Science, Graduate Certificate Business Psychology, Positive Psychology Wellbeing She is also a qualified Fitness Instructor and accredited Athletics Australia Coach.



> RECENT EXPERIENCE

Executive Coaching & Business Coaching – As an executive coach, I empower busy professionals to achieve their full potential by providing personalised guidance and strategies that enhance their leadership skills, productivity, and overall well-being. I also help owners of small to medium sized business with strategic planning and setting in place strategies to achieve short, medium and long term goals.

MLC Advice – Operations Manager. Leading a team of financial advisers and office managers. Consisted of 27 staff including people brand new to the industry and experienced professionals with circa 20 years plus experience.

Eclipse Financial Management – facilitation of 2 day off site. Working with the management team on redesigning the business and coaching the leaders how to manage and lead through change.

Stride Group- Leadership training. 1:1 leadership training for Stride Group for emerging leaders.

Corporate Training – across a range of topics including communication (DISC), understanding strengths, emotional intelligence, meeting management, leadership, facilitation coaching

> SUBJECT MATTER EXPERTISE

- ✓ Mentoring
- ✓ Executive Coaching
- ✓ Wellbeing coaching
- ✓ Communication training
- ✓ Sales training
- ✓ Change Management
- ✓ Workplace Behaviour
- ✓ Running Effective Meetings
- ✓ Public Speaking
- ✓ Time Management
- ✓ Emotional Intelligence
- ✓ Negotiation Skills
- ✓ Facilitation Skills
- ✓ Team Building

> CLIENT AND INDUSTRY EXPOSURE

- ✓ Range of Senior Executives (see testimonials)
- ✓ Emotional Intelligence, PD Training
- ✓ MLC Advice, Wellbeing in the Workplace
- ✓ Eclipse Financial Management Strategy & Planning
- ✓ PD Real Estate Communication and Managing Conflict,
- ✓ MLC, Managing Under Uncertainty
- ✓ Understanding the insurance landscape, MLC Insurance
- ✓ Understanding VIA Character Strengths, NABFP

> QUALIFICATIONS AND CERTIFICATIONS

- ✓ Graduate Diploma Psychological Science
- ✓ Graduate Certificate Business Psychology
- ✓ Positive Psychology Certification
- ✓ Bachelor Business
- ✓ Workplace Training Certificate 4
- ✓ Certificate 3 and 4 Fitness Coach
- ✓ Level 2 Recreational Running Coach



TESTIMONIALS – Executive Coaching

I have been working with Bronwyn for a number of years and couldn't recommend her more highly. Bronwyn has a unique ability to make all her clients feel like their well being is of utmost importance and she takes the time to learn about your life. In my experience Bronwyn very effectively builds rapport and trust with her clients. This has enabled Bronwyn to help people manage life, take on healthy habits and strive for a greater work life balance. The plan and support Bronwyn puts in place means I have a path to follow which enables me to continue to focus on my wellbeing - work, health, fitness, life.

Felicity, Deputy CEO

I've been working with Bronwyn for the past 12 months with a focus on improving the balance in my life, and making sure that those important self-care habits are in place for me to be effective at work: nutrition, exercise, sleep, meditation, stretching and creativity. Bron has been a great source of support and inspiration, helping me make connections, navigate and build my career, support my family and build my resilience. Through Bron's excellent understanding of psychology and getting the best from others, she's guided me to improve, and to continue growing, so that I can achieve my lifelong goals. Bron is understated, calm, insightful and rock solid – all excellent attributes for an executive coach.

Kim Cureton, Head of Communication, Institutional

I've been working with Bronwyn for the past 2 years. Bronwyn's strength lies in understanding what motivates an individual, and working with them to tap into that to challenge themselves and grow. She is also excellent at helping connect and expand their networks, which has led me to developing new and unexpected opportunities to collaborate. Bron has supported me to become a more confident leader of my business.

Helen Clarke, Practice Manager, Health Sector



TESTIMONIALS – Executive Coaching

I have known Bronwyn for 3 years and over that time I've come to know her as a highly qualified and experienced coach. Bronwyn has the ability to find a lovely balance between being personable, caring and professional in approach. Bronwyn connects with me and others by understanding what makes the individual tick, adjusting her style accordingly to the person and the situation. Bronwyn is always keeping up to date on what's happening in the industry using modern and other effective techniques to coach. Bronwyn is supportive, encouraging and adapts to the needs of her clients. I feel blessed to have found Bronwyn on line and I'm now a long term client and advocate.

Jane French, Executive Manager

I had the pleasure of working with Bronwyn for 3 years at MLC Advice. This was a particularly difficult time as we were dealing with the COVID-19 pandemic. I would call Bronwyn a transformational leader as she was always diplomatic, encouraging, positive and was able to influence people at higher levels for the benefit of the team and the organisation. She was always open to feedback and was unflappable under pressure. Everyone loved working with Bronwyn because of her positive outlook on life and her genuine desire to help people have a better life at work.

Mary Lou McCarthy, Senior Financial Planner, MLC Advice

I found Bronwyn's session fantastic. She was engaging and kept the session interesting and interactive. I would really like to have more training with Bronwyn as I was able to go away with new ways of working. It was a thoroughly enjoyable morning.

Shane Casey Managing Director, Eclipse Financial Services

I have known Bronwyn Hill for a number of years now, and she has consistently demonstrated an amazing ability to connect with people across all ages, demographics, and from a range of different backgrounds and personalities. She is deeply caring and has an innate sense of how to bring out the best in her clients and allow them to reach their full potential.

Praveen, Managing Director



TESTIMONIALS – Fitness & Wellbeing

Bronwyn, for me, has been life-changing. I met Bronwyn around 6 years ago through the Collingwood Harriers Athletics Club, where we were both running for the club. Since then we have developed a terrific friendship, where she has seen me through many lows and highs. Since then, receiving personal coaching from Bron has been a bonus for me! She is a terrific trainer, coach and mentor. She will take you to levels you don't think you are capable of. She is the bomb! Best on ground. The whole shebang.

Pennie Hayes, Principal Advisor

Bronwyn provides an environment for exercise that is supportive, tailored and fun. She has an extraordinary way of getting the most out of people whilst the perception is that you are having fun. She caters for all levels of ability and is able to pivot if issues arise. Bron creates a nurturing space and you come away from her sessions feeling great.

Louise Fraser, Manager, Rehabilitation Services

Before joining Benesse Wellbeing in 2019, I never considered myself a 'fit' person. I would try different classes and exercise regimes but nothing ever stuck. Bronwyn helped turn that around. She has cultivated an exceptional culture at Benesse - welcoming, supportive and driven by a sense of real personal achievement. Bron is emotionally astute, and an excellent communicator. She is a good active listener, and often picks up on unspoken cues. It is evident to everyone in the exercise group, and the running club, that Bronwyn is genuinely motivated to help you achieve your goals. She also has a lovely, warm sense of humour and loves to share a laugh. I would be pleased to recommend Bronwyn and Benesse Wellbeing to anyone looking to make a change or achieve their wellbeing goals.

Julia, Corporate Communications Manager